

Dress for Success at Nature Preschool 2020-2021

Please dress your child in clothes that can get messy and allow for freedom of movement.

We play a lot at Nature Preschool! Your child will get muddy and wet!

ALL CLOTHING AND OUTDOOR GEAR SHOULD BE LABELED WITH YOUR CHILD'S NAME

Essential Gear for Warmer Temperatures (50 degrees and higher)

Children should come to Preschool with a large reusable bag or backpack containing:

- Face Mask
- Rain Pants
- Rain Jacket
- Rain Boots
- Extra Socks
- A full water bottle
- A heavy trash bag (we will use this to help keep items dry in case of rain)
- Recommended: hat, sunglasses, additional layers such as a light sweatshirt or fleece, and a mosquito head-net

Essential Gear for Colder Temperatures (49 degrees and colder)

- Rain Pants and/or Snow Pants (for weather that is both cold and wet, we recommend rain pants layered with sweat pants, pulled over regular clothes)
- Warm, waterproof coat
- Warm hat that covers the ears
- Waterproof mittens – two pairs
- Neck warmer
- Wool-blend socks, *not cotton* (we like WigWam and Smart Wool) *multiple pairs*
- **Insulated** winter boots
- Recommended: hand-warmers, stick-on foot warmers, extra clothes for layering

Indoor Gear:

- Please bring a seasonally appropriate change of clothes to store in your child's classroom bin. This should include a shirt, pants, underpants, and several pairs of socks.
- Once we switch to an indoor/outdoor model, we recommend bringing a pair of indoor classroom shoes that are easy to put on (comfortable slippers with a tread on the bottom are a good option)

How to Dress in Warm Weather:

- Light-colored clothing is best
- We recommend lightweight pants tucked into socks to protect against ticks and mosquitoes
- Mosquito head nets are a great idea!
- A hat, sunglasses, and sturdy shoes (no flip-flops) as well as a full water bottle complete the warm season outfit.



How to Dress in Cool or Wet Weather:

- Layers are best. We can always remove a layer if a child gets too warm but we cannot add what isn't there.
- Rain pants, rain jacket, rubber rain boots, thick socks that will not come off inside the boot (not footies), as well as a hat and waterproof mittens allow children to play comfortably outdoors throughout the fall and spring
- Rain gear is NOT just for rain. It protects us from wind, damp ground, water play, etc. Please bring it daily!



How to Dress in Cold Weather:

- As soon as the temperature drops below 50 degrees, switch to *insulated* boots.
- Wool-blend socks will keep feet warm in cold weather. (Cotton socks result in unhappy feet.)
- Snow pants, snow coat, warm hat, waterproof mittens, insulated boots and a neck warmer are important for cold weather play, even when there is no snow.
- Sweatpants (or similar) worn over regular pants, topped with rain pants, can also provide warmth and protection in cold, wet weather and are a good option for those in-between days when it is cold and raining.



We believe that there is no such things as bad weather, just people dressed badly for the weather! Children dressed appropriately will enjoy playing outside in every season, no matter what the Wisconsin weather may bring!